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1. Renewed vaccination schedule for children by January 2025



At the request of the state secretary of Health, Welfare and Sport (VWS), the Health Council has evaluated the schedule of the National Vaccination Programme to see if the schedule can be improved.

The Health Council recommends keeping all vaccinations and shifting some vaccination moments so that children are even better protected.

Information on what is changing and why can be read via the following link:
[Changes to the vaccination schedule 2025 | Rijksvaccinatieprogramma.nl](https://rijksvaccinatieprogramma.nl)

Changes Vaccination schedule for school-age children.

If your child is eligible for vaccination, you will automatically receive an invitation at home

5-Year DKT vaccination. (Diphtheria, Pertussis, Tetanus)

From 2026, 5-year-old children will receive an invitation for the DKT vaccination.

This change applies to children born from 1 January 2021.

Repeat BMR vaccination. (Mumps, Measles, Rubella)

In 2025, children will receive their second BMR vaccination when they are three years old. This was previously at the age of nine. For children who have already been three, there is the BMR catch-up shot.

- In spring 2025, children of birth years 2016 and 2017 will receive an information letter from RIVM with a link to the website for making an appointment.

10-year HPV vaccination. (Against cervical cancer, among other things)

- In spring, children with birth year 2015 will receive an invitation for the HPV vaccination.

14-year-old Meningococcal vaccination. (Against meningitis, among other things)

- Children with birth year 2011 will receive an invitation for the Meningococcal vaccination this spring.

14 years DTP vaccination instead of at 9 years. (Diphtheria, Tetanus, Polio)

The DTP vaccination will no longer be given at age 9 for children born Jan. 1, 2016. They will receive the DTP vaccination at the same time as the meningococcal vaccination at the age of 14-years-old

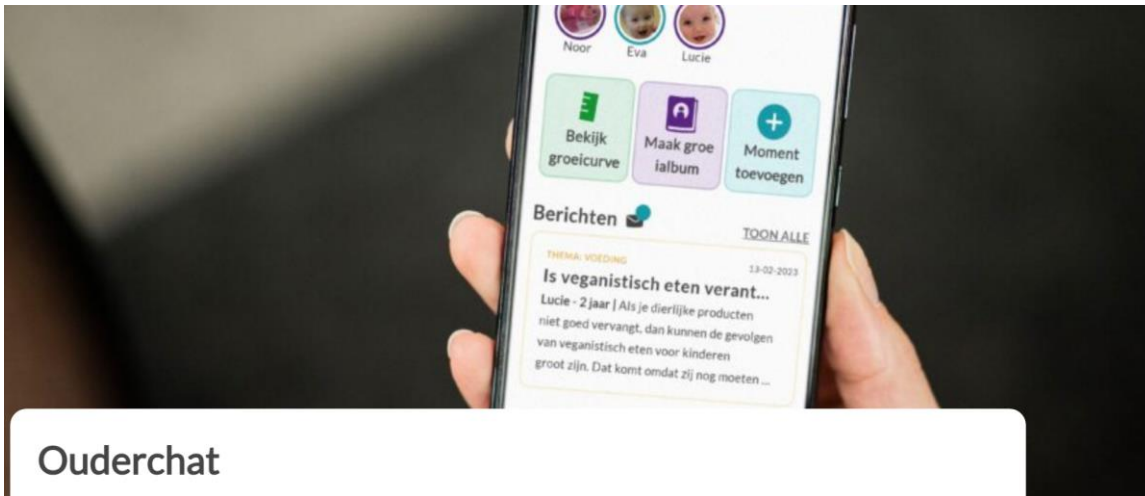
Missed a vaccination?

Did your child miss a vaccination? Use the following link to schedule an appointment: [Afspraak verplaatsen vaccinatie Jeugdgezondheid | GGD Kennemerland](#)

For more information, visit: [Vaccinaties jeugd | GGD Kennemerland](#)

Kind regards, Vaccination team GGD Kennemerland

2. Growth Guide 'Ouderchat' For parents of children 0-12 years old



Ouderchat

You can ask questions about your child aged 0-12 at the Growth Guide parent chat. (Also in English)
Every day, a team of youth nurses is on hand to talk to parents.

- The Growth Guide parent chat is open on Mon-Fri from 8.30-17.00 and on Mon-Di and Thu until 20.30. [Ouderchat – GroeiGids](#)
- Please note! We cannot look into your child's file at the chat and, unfortunately, cannot make or reschedule appointments.

3. Wood smoke



A stove or fire basket is often lit for fun, but others may be bothered by it. Wood smoke is always unhealthy, containing many harmful substances that can aggravate respiratory complaints.

- Did you know that two hours of burning wood puts as much particulate matter into the air as a car driving from Amsterdam to Milan?
- If you do want to burn wood, stay out of the smoke as much as possible and consider your surroundings

More information? [Stookwijzer | Atlas Leefomgeving](#) and [Houtrook](#) (in Dutch)